

What is claimed is:

1. A lifting and moving system for attachment to an article subsequently lifted and/or carried, comprising:
 - a.) a handle assembly and
 - b.) a handle set made by configuration of multiple said handle assemblies and
 - c.) an opposing handle set and
 - d.) a grip securely attached to each said handle assembly in each said handle set and
 - e.) a stabilizing bar contiguous between each said grip in each said handle assembly and
 - f.) a lift bar connected to each said handle assembly
 - g.) a surrounding flexible strap connected to said handle set and
 - h.) a means to connect said surrounding flexible strap to said surrounding flexible strap from said opposing handle set and
 - i.) a series of support straps connected at one end to each said handle assembly and
 - j.) a means to connect the opposite end of said support strap to an opposing said handle assembly

whereby an article of varying characteristics (size, geometry, weight, density, material strength, configuration and distribution of weight) can be lifted by application of forces through separated lift points and carried in a manner that ensures the safety of the user as well as that of the article itself and the surroundings because of the secure attachment to the lifted article and the stabilizing effect of forces being applied at separated points.

2. A lifting and moving system for attachment to an article subsequently lifted and/or carried as claimed in claim 1. where-in said stabilizing bar and said lifting bar are connected to said handle assemblies so as to support a repositioning and linear separation of said handle assemblies along said stabilizing bar and said lifting bar
3. A lifting and moving system for attachment to an article subsequently lifted and/or

carried as claimed in claim 1. where-in said grip is an integral feature of said handle assembly by way of a geometric shaping of said handle assembly or a cutout of a portion of said handle assembly.